

START HERE

Q. 1–60 English skills

MARK

<p>Q. 1–5 punctuation</p>	<p>Rewrite the sentence correctly, adding the necessary punctuation.</p> <p>why cant i go to lucys party at the weekend ali asked</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p>1–5 <input type="checkbox"/> 5</p>
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<p>Q. 6–10 spelling</p>	<p>Write out the sentence, correcting any misspellings.</p> <p>6 I find it extreemly irritating when he persistently interrups!</p> <p>_____</p> <p>_____</p> <p>7 My cousin’s best frend is prone to frequent exageration.</p> <p>_____</p> <p>_____</p> <p>8 Tim had a guilty consciunce but he kept quite about the broken vase.</p> <p>_____</p> <p>_____</p> <p>9 Lily felt honored to have the oportunity to be in the play.</p> <p>_____</p> <p>_____</p> <p>10 It is a genuine priviledge to work in the teaching proffession.</p> <p>_____</p> <p>_____</p>	<p>6 <input type="checkbox"/> 1</p> <p>7 <input type="checkbox"/> 1</p> <p>8 <input type="checkbox"/> 1</p> <p>9 <input type="checkbox"/> 1</p> <p>10 <input type="checkbox"/> 1</p>
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<p>Q. 11–15 verbs</p>	<p>Add to the sentence a verb that is made from the word shown in capitals.</p> <p>11 SIGN The peal of trumpets _____ the start of the competition.</p> <p>12 FORM You were _____ of our plans to extend the property.</p> <p>13 APPEAR Tam was _____ on stage later that evening.</p> <p>14 LIGHT There was a power cut so we _____ some candles.</p> <p>15 PORT The cargo was _____ by freight train between the cities.</p>	<p>11 <input type="checkbox"/> 1</p> <p>12 <input type="checkbox"/> 1</p> <p>13 <input type="checkbox"/> 1</p> <p>14 <input type="checkbox"/> 1</p> <p>15 <input type="checkbox"/> 1</p>
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MARK

English skills

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Q. 16–20

past tense

Add to the sentence the past tense of the verb shown in capitals.

16 OCCUPY My sister was happily _____ reading her book.

16 1

17 STEAL The rabbit _____ the lettuces from my garden.

17 1

18 HEAR Charlie hadn't _____ the announcement.

18 1

19 DRIVE Hamid _____ all the way from Glasgow today.

19 1

20 SWIM I _____ in a swimming gala last night.

20 1

Q. 21–25

word choice

Three words appear in brackets. Underline the *one* word that completes the sentence correctly.

21 Amber considered the dessert (select, choose, options).

21 1

22 The tall lorry was (imparting, obscuring, imploring) her view of the river.

22 1

23 He had to (assure, insure, endure) the pain of his bad tooth all night.

23 1

24 The journalist (disclosed, enclosed, concealed) the confidential documents to the public.

24 1

25 The protestors (opposed, appeased, imposed) the building of a new train line.

25 1

Q. 26–30

apostrophes for abbreviation

Abbreviate (shorten) the phrase by using an apostrophe.

For example, *They are not coming* becomes *They're not coming*.

26 they should not _____

26 1

27 you will _____

27 1

28 we are not _____

28 1

29 she could not have _____

29 1

30 I am _____

30 1

MARK

English skills

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Q. 31–35

grammar

Write out the sentence, correcting any errors.

31 I done all my homework at school.

31 1

32 Me and Sam is going to the cinema.

32 1

33 Was you late for school yesterday?

33 1

34 She spoke too quick.

34 1

35 Alex jumped off of the ladder.

35 1

Q. 36–40

spelling

Read the clue. Fill in the missing letters to make the word.

36 people in charge of a country or area g o v e _ _ _ _ e n t

36 1

37 achieving a goal s u c _ _ _ _ s f u l

37 1

38 to identify someone you've seen before r e c _ _ _ _ i s e

38 1

39 to make someone feel silly e m b a r _ _ _ _ s

39 1

40 the chance to do something o p _ _ _ _ t u n i t y

40 1

Q. 41–45

proverbs
and sayings

Complete the proverb or saying.

41 Actions speak _____.

41 1

42 Birds of a feather _____.

42 1

43 Good things come _____.

43 1

44 Practice makes _____.

44 1

45 Don't judge a book _____.

45 1

MARK

English skills

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Q. 46–50

abbreviations

Write the words that the abbreviation (shortened form) stands for.

46 ETA _____

46 1

47 pt _____

47 1

48 Bucks _____

48 1

49 GB _____

49 1

50 tsp _____

50 1

Q. 51–55

apostrophes
for
possession

Abbreviate (shorten) the phrase by using an apostrophe.
For example, *the bone belonging to the dog* becomes *the dog's bone*.

51 the rattle belonging to the baby _____

51 1

52 the school attended by the children _____

52 1

53 the field containing the horses _____

53 1

54 the truck belonging to Alexis _____

54 1

55 the test results of the men _____

55 1

Q. 56–60

word choice,
homophones

Two words appear in brackets. Underline the *one* word that completes the sentence correctly.

56 Heavy snow caused a (miner, minor) accident on the motorway.

56 1

57 There was (dissent, descent) amongst the workforce.

57 1

58 Dad was shocked at the comedian's (coarse, course) language.

58 1

59 Li was worried that the bad weather would (effect, affect) her picnic.

59 1

60 Dev was delighted that his hat (complimented, complemented) his outfit.

60 1

MARK

ENGLISH SKILLS SUB-TOTAL 60

Q. 61–75 Comprehension

MARK

Read this passage carefully.

Singing – the key to a healthier, happier life?

Many of us enjoy singing, but did you know that singing is good for your health? It doesn't matter whether you are an absolute beginner or a seasoned pro – singing can help to keep you healthy, happy and living longer!

The benefits of singing

Aerobic activity: The deep breathing needed for singing draws more oxygen into the blood, improving circulation and helping to develop a stronger diaphragm. In addition, singing is often accompanied by movement, whether this consists of choreographed moves or simply swaying to the beat.

Boosted immunity: Singing aids people's ability to fight illness by increasing levels of cytokines (proteins of the immune system).

Improved brain function: Improved blood circulation and an oxygenated bloodstream allow more oxygen to reach the brain. This, in turn, improves mental alertness, concentration and memory.

Reduced stress: Singing can be very relaxing, as it releases muscle tension and reduces levels of the stress hormone cortisol in the bloodstream.

Improved mood: People often say that singing makes them feel happy. This is the result of the endorphins (feel-good brain chemicals) that are released when people sing. Singing is also a good distraction from everyday troubles and worries.

Improved confidence: Singing in front of others, whether standing next to them in a choir or performing on stage, may seem daunting at first. However, with practice comes improved ability, and learning something new is a great way to boost self-esteem. What's more, moving away from your comfort zone and overcoming your fears is a great way to send confidence levels soaring.

Social benefits: Singing as part of a group or choir brings people together and can reduce loneliness by forging new friendships and creating a sense of belonging. This is why choral singing has been found to be the best type of singing for improving happiness and lowering stress levels.

With all these benefits, it's no wonder that there are now over 40,000 choirs with approximately 2.14 million singers across the UK – and this number continues to grow.

Now read these questions. You have a choice of four answers to each question. Choose the *one* answer you think the best. Draw a line in the box next to its letter, like this.

A

61 Which of the following is *not* listed as a benefit of singing?

- A greater self-esteem
- B improved memory
- C fame and fortune
- D increased happiness

A
B
C
D

61 2

62 What is a 'seasoned pro' (lines 3–4)?

- A a novice singer
- B an experienced professional
- C somebody who hates singing
- D somebody who can't sing

A
B
C
D

62 2

MARK

Comprehension

MARK

63 What health benefit does deep breathing during singing have?

- A It helps you to sing louder.
- B It helps you to sing in tune.
- C It helps you to make new friends.
- D It improves blood circulation.

A

B

C

D

63 2

64 What are 'endorphins'?

- A musical instruments
- B singing techniques
- C brain chemicals
- D proteins

A

B

C

D

64 2

65 Which of the following is a stress hormone?

- A cortisol
- B oxygen
- C cytokine
- D diaphragm

A

B

C

D

65 2

66 How does singing help to prevent illness?

- A It stops people from coming into contact with diseases.
- B It boosts your immunity.
- C Singers cannot get sick.
- D It doesn't.

A

B

C

D

66 2

67 Which is the best form of singing for improving happiness?

- A choral
- B solo
- C jazz
- D rock

A

B

C

D

67 2

68 Which word is a synonym for 'daunting'?

- A reassuring
- B confusing
- C entertaining
- D intimidating

A

B

C

D

68 2

MARK

Comprehension

MARK

69 Which word in the text is similar in meaning to 'shaping'?

- A releasing
- B forging
- C overcoming
- D continuing

A

B

C

D

69 2

70 Which of the following words is used in the text as an abstract noun?

- A blood
- B choir
- C confidence
- D chemical

A

B

C

D

70 2

71 What does the phrase 'moving away from your comfort zone' mean?

- A getting off the sofa
- B pushing yourself to do something that you wouldn't normally do
- C singing a solo
- D doing a challenging workout

A

B

C

D

71 2

Find the spelling mistake. Underline it and write the box letter at the end of the line.

72 There are many diferent types of choir.

A B C D

72 2

73 Singing has an abundence of positive effects.

A B C D

73 2

74 It is said that singing is highly benefical to your health.

A B C D

74 2

75 You cannot beat the companianship of choral singing.

A B C D

75 2

MARK

COMPREHENSION SUB-TOTAL 30

Sample Paper English skills

- 1–5 “Why can’t I go to Lucy’s party at the weekend?” Ali asked.
- 6 I find it extremely irritating when he persistently interrupts!
- 7 My cousin’s best friend is prone to frequent exaggeration.
- 8 Tim had a guilty conscience but he kept quiet about the broken vase.
- 9 Lily felt honoured to have the opportunity to be in the play.
- 10 It is a genuine privilege to work in the teaching profession.
- 11 signifies or signals or signified or signalled
- 12 informed
- 13 appearing
- 14 lit
- 15 transported
- 16 occupied
- 17 stole
- 18 heard
- 19 drove
- 20 swam
- 21 options
- 22 obscuring
- 23 endure
- 24 disclosed
- 25 opposed
- 26 they shouldn’t
- 27 you’ll
- 28 we’re not
- 29 she couldn’t’ve
- 30 I’m

Sample Paper – continued

- 31 I did all my homework at school.
- 32 Sam and I are going to the cinema.
- 33 Were you late for school yesterday?
- 34 She spoke too quickly.
- 35 Alex jumped off the ladder.
- 36 government
- 37 successful
- 38 recognise
- 39 embarrass
- 40 opportunity
- 41 louder than words
- 42 flock together
- 43 to those who wait
- 44 perfect
- 45 by its cover
- 46 estimated time of arrival
- 47 pint
- 48 Buckinghamshire
- 49 Great Britain
- 50 teaspoon
- 51 the baby’s rattle
- 52 the children’s school
- 53 the horses’ field
- 54 Alexis’ or Alexis’s truck
- 55 the men’s test results
- 56 minor
- 57 dissent
- 58 coarse
- 59 affect
- 60 complemented

Sample Paper – continued Comprehension

- 61 C
- 62 B
- 63 D
- 64 C
- 65 A
- 66 B
- 67 A
- 68 D
- 69 B
- 70 C
- 71 B
- 72 B diferent (*should be ‘different’*)
- 73 B abundance (*should be ‘abundance’*)
- 74 C beneficial (*should be ‘beneficial’*)
- 75 C companianship (*should be ‘companionship’*)

Short writing task

Refer to general guidelines on page A4 and specific notes on page A5 of **English Progress Papers 1** as indicated.

- a) Detailed description
- b) Story writing, Detailed description
- c) Instructions, persuasive writing and explanations, Concise description