Patterning activities are ideal for warming up muscles before a handwriting session. The four pattern sheets in this booklet can be used to support extra practice of any of the patterns covered in the Schofield & Sims WriteWell programme. The sheets are suitable for use with children of all ages.

Each pattern sheet provides a simple illustrated frame for children to fill with their own designs. The patterns taught in Schofield & Sims WriteWell are reproduced below for your reference.

Encourage the children to use a range of pattern shapes, sizes and lengths. For example, they might choose to fill the largest part of the image with a series of longer continuous patterns and use short repetitions at a smaller size for the details of the image.

**Stage 1** To prepare for letter formation

**Stage 3** To practise the movements used in joining

**Stage 4** To embellish a piece of writing