Note for teachers and parents

Learning to tell the time is a complex process that many children need help to grasp. This series breaks down telling the time into very small steps that every child can understand. Featuring clear step-by-step learning, varied practice activities and fun time facts, these workbooks provide everything children need to master this essential life skill.

Telling the Time 1 introduces children to 'o'clock', 'half past', 'quarter past' and 'quarter to' and how these times relate to simple fractions. It also teaches about time in a broader sense, including units of time, times of the day, days of the week, months of the year and the seasons. This book supports the National Curriculum for Mathematics at Key Stage 1, but it can also be used with older children who require additional support.

Try to discuss time as often as you can with the child and draw attention to different means of time-telling such as a clock on the wall, a wristwatch or time displays on phones and computers. Questions such as "What time is bedtime?" and "How long does it take to get to school?" will help the child to think about the importance of time measurement and to become familiar with vocabulary that relates to time.

Each book features large clock faces that little fingers can easily count on. When introducing each new time, encourage the child to count aloud and point to the numbers around the edge of the clock. This will help to secure the idea that the hands of the clock are constantly moving around the circle of the clock face. The hands of the clock are colour-coded throughout the series – blue for the minute hand and red for the hour hand – to help the child to identify them quickly.

Children are given frequent opportunities to practise their learning through a variety of activities, such as drawing the hands on the clock, matching activities, and word and number problems. You will find answers to all the activities at the back of the book.

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