Contents

Me	4
All about me	5
Portraits	6
My body	7
My clothes	8
Fun with clothes	٩
My hobbies	10
Things to play with	11
My friends	12
Being a good friend	
My family	14
Other families	
My home	
Homes around the world	
My community	
Places in the community	19
People who help us	20
Emergencies	21
Being kind to others	22
Religions and beliefs	23
Celebrations	24
Planning celebrations	25
Foods I like	26
Types of food	27
Healthy foods	28
Staying healthy	29
Notes for parents and carers	30