

Welcome to this book

The **WriteWell** series will help you to develop good handwriting habits. As you work through the series, you will learn how to improve your handwriting and develop your own style.

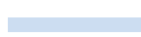
This is **Book 1**. In this book, you will learn to draw shapes and patterns. This will help you prepare to write the letters of the alphabet in **Books 2** and **3**.

The activities

This book is split up into 15 units. Each unit shows you a different shape or pattern. With each one, there are activities to complete. These will build your confidence until you can draw the pattern all by yourself.



When you see this style of line, use your finger to trace along it carefully.

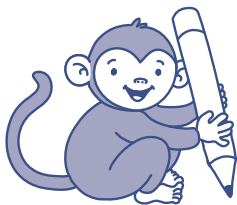


When you see this style of line, use your pencil to trace along it carefully. Try to stay inside the blue line.

- This red dot tells you where to start. Put your finger or pencil here to begin.



These arrows show you which direction to move your finger or pencil.



Look out for tips and extra activity ideas from Nibs, the **WriteWell** monkey!

Checking your work

When you finish a unit, look back at your work. Do your patterns look like the example? Circle your best pattern. Which pattern could you improve?

Before you start

Check that your body is in the correct position for writing. Ask an adult to help you.



Posture ✓



Pencil grip and pressure ✓



Paper position ✓