

Contents

Unit 1	Joining for speed	4
Unit 2	Fast and legible handwriting	6
Unit 3	Check your writing speed 1	8
Unit 4	Tools and tips for speed	10
Unit 5	Problems with writing at speed	12
Unit 6	Practising for speed	14
Unit 7	Looping for speed	16
Unit 8	Speedy joining from b and p	18
Unit 9	Speedy joining from s	20
Unit 10	Shortcut joins for speed	22
Unit 11	Slanting for speed	24
Unit 12	Different speeds for different purposes	26
Unit 13	Taking notes	28
Unit 14	Using abbreviations	30
Unit 15	Check your writing speed 2	32
	WriteWell challenge 1	34
	WriteWell challenge 2	35